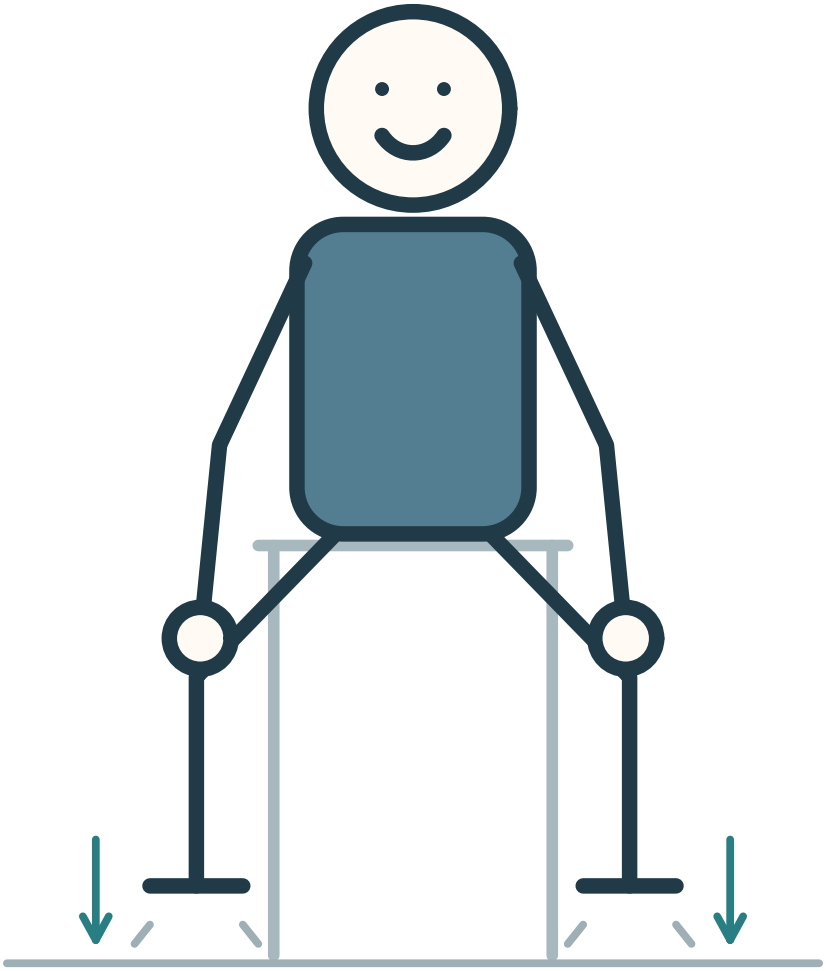
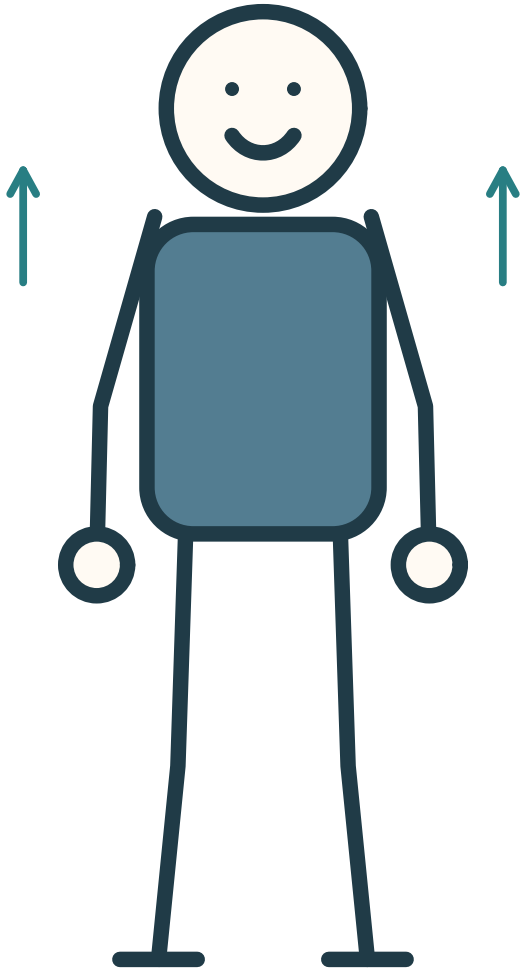
Ayaklarını yere vur



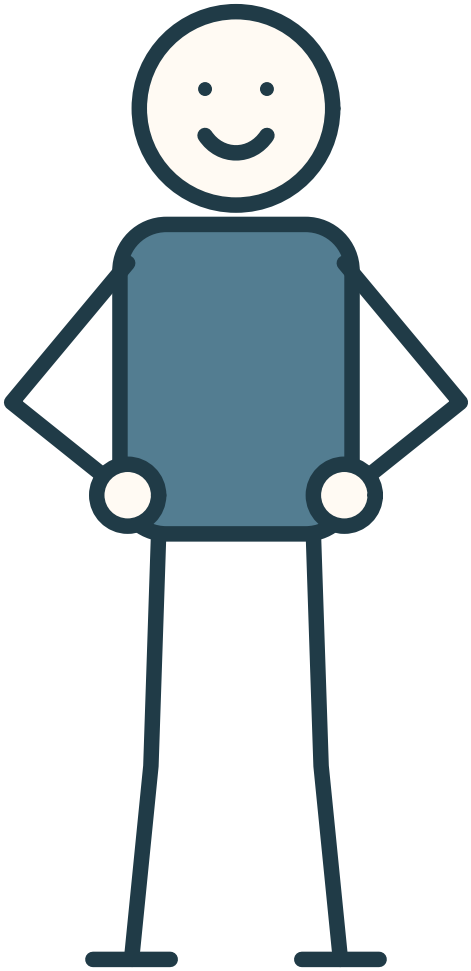
ozelegitim.huseyinbakir

Omuzlarını kaldır



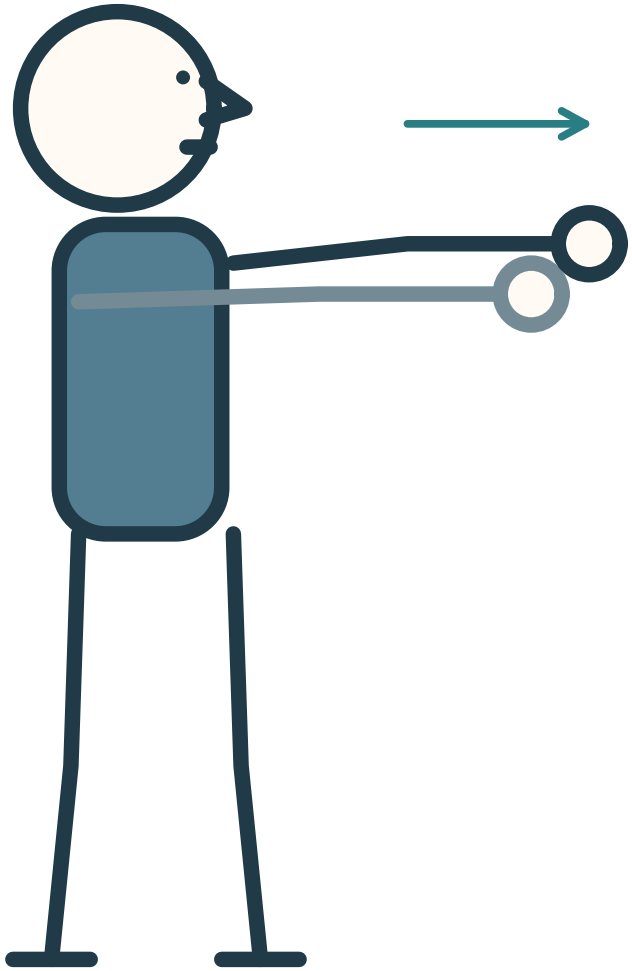
ozelegitim.huseyinbakir

Ellerini beline koy



ozelegitim.huseyinbakir

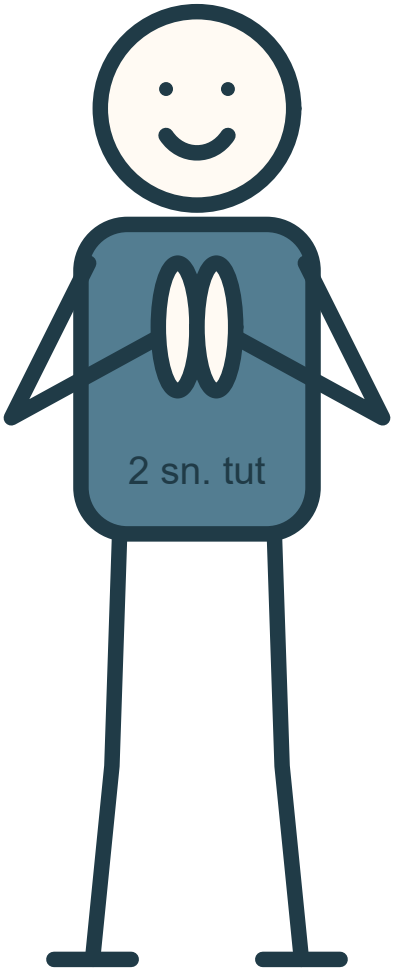
Kollarını öne uzat



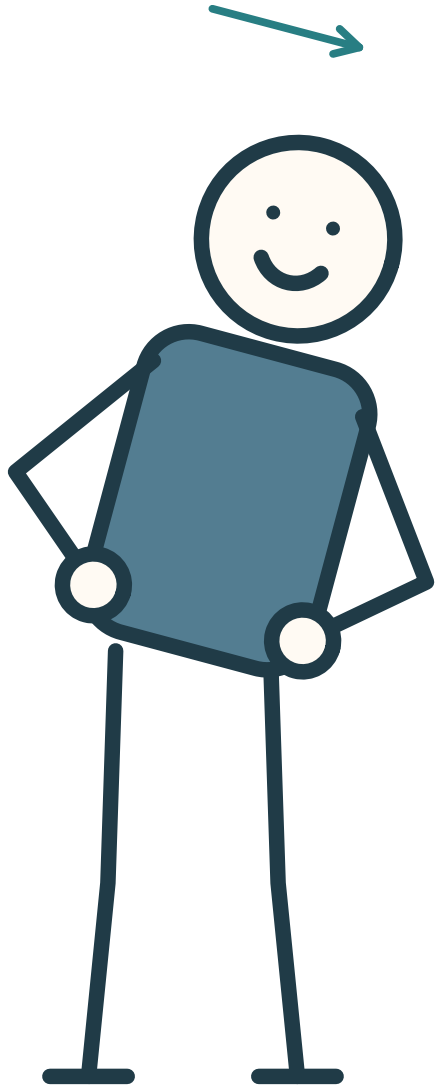
Yandan görünüm

ozelegitim.huseyinbakir

Ellerini birleştir



Gövdeni yana eğ



ozelegitim.huseyinbakir